

TODAY'S LEADER



Cindy Umland
United States
Women of Today
2021-2022 President



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Greetings US Women of Today,

When you get this we will be starting our second trimester. My question for you is "where has the time gone???" This last 2.5 months flew by and as I look outside I see that the trees are starting to change colors. And over the next month I'm going to be enjoying a different view, as I will be working at a different location. I am going to be assisting with the opening of the NEW Costco in Duluth, Minnesota.

As we go through our different positions in Women of Today we are often looking at a position in a certain way as that is how it always has been. Then out of nowhere it seems somehow something has changed and you need to change or you will be like the one tree all by itself. It's important when we take on roles to understand that things may change throughout the year and you can change like a leaf. If you have been nurtured and are willing to change then not only will you become a vibrant bright fall color leaf but you and those who have been a part of the change will all come back in the spring a bright and cheerful green. I guess what I'm saying in case you aren't following along, is that it is good to set a plan. Just understand that at times things may happen and you will need to change your plan and that's okay.

I hope you will enjoy this fall season. I'm looking forward to seeing many of you at Mid-Year convention (I hope) or throughout the year as I hope to do some traveling. I can be reached on my cell phone via call or text or email.

Enjoy the fall and I'll be posting pictures throughout my travels.

Favoring the Fall Season

Cindy Umland

"Give and give again. Keep hoping, keep trying, keep giving! People who give will never be poor!" – Anne Frank



ANGELINA DIETZ - CHAIRMAN OF THE BOARD
 "Walking on Sunshine"
 CONTACT: cob@uswomenoftoday.org

Hello everyone,

We are heading into 2nd trimester and I have been seeing lots of activities noted on Facebook or Instagram. How exciting to see we are getting back together after limited activity last year!

As we continue to look at how our organization can grow and evolve, the Future Directions Committee will be meeting every other month via Zoom. This is a way for your voice to be heard about your new ideas! The Future Directions committee consists of the following members: JoAnn Miller — Secretary, Kathy Griffin – Massachusetts State President, Cindy Urlacher – Nebraska State President, Terri Hebda – Illinois State President and general members: Nicky Anderson, Maxine Turner, and Michelle Thompson. Our meetings will be the second Monday of the month (except November when it will be the third Monday) at 7 pm CST.

Please mark your calendars for the following meeting dates:

- 9-13
- 11-15
- 1-10
- 3-14

**JOIN US FOR
FUTURE DIRECTIONS!**

Just a reminder that even if you are not on the committee, you can still attend these meetings. Reach out via email so I can send you the link. We are also reviewing the Membership manuals this year and will have them done by the end of April.

In Friendship,
Angelina Dietz, Chairman of the Board



SUE BEATTIE - PARLIAMENTARIAN
 "Cool Rules for Running Smooth"
 CONTACT: parli@uswomenoftoday.org

There is a motion on the floor and everyone seems to be for it. But, a couple of members keep rambling on and on. What can you do to move the vote ahead (only after all who wish to have been heard have spoken, of course)?

- "Move the previous question" – ends the debate and calls for a vote on the pending question.
- Limit Debate – set a time limit or number of speakers: such as "I move to limit the debate to another five minutes" or "I move to limit debate to one speaker on each side of the question."

These are two examples of subsidiary motions.

In my first Today's Leader article, I gave you tips on how a motion is made. This time, I'll explain about subsidiary motions. These motions are made with the purpose to modify or dispose of the main motion under discussion. Along with the above examples, there are the following:

- Tabling Motion – temporarily postpones further action on a motion
- Postpone – all aspects of the motion and debate are postponed until a stated time
- Refer to Committee – motion goes to a small group (Committee of the Whole, Standing Committee or Special Committee) to come up with further details
- Amend – change the wording of a motion by adding and/or deleting words; you cannot change the intent of the motion
- Postpone Indefinitely – removes a motion from consideration

Note: Except for Tabling Motion, all others require 2/3 majority to close.

Have questions or need help? Contact me!

Sue Beattie, USWT Parliamentarian



CATHY SNYDER - MEMBERSHIP VICE PRESIDENT

"Bee-lieve"

CONTACT: mvp@uswomenoftoday.org

Where did the 1st trimester go? I can't wait to share the numbers with you at Mid-Year Convention!

Thank you to those who completed their Friendship Certifications,

Thank you to the many Membership VPs who completed their fast starts.

At Mid-Year the Membership team will be hosting an M-night so if you have flip-flops please bring them with you. The Membership team will also have a fun event on Friday night at Mid-Year. Please stop and meet the Membership team. The Membership friendship Zoom was a great event; it was nice to see so many faces.

The 2nd trimester challenge will be to sign 56 new members, for President Cindy's Birthday, or hold a Membership social and send me a pic, or grow by 2 new members, or maintain 84% retention.

You will want to be at Convention to Witness the BEE BEAUTIFUL NEW HAIR DO'S FOR PRESIDENT CINDY AND MEMBERSHIP VP CATHY.

Cathy Snyder, USWT Membership VP



JENNIFER LANTZ - PUBLIC RELATIONS DIRECTOR

"Women of Today Rocking It in the USA"

CONTACT: pr@uswomenoftoday.org

What a ride! The U.S. Women of Today have been busy with many things from Mid-Year Convention to making sure every chapter has what it needs to succeed. Saying that I would like to invite everyone to the Marketing Meeting on September 20th at 7 p.m. At this meeting I will be discussing how to write an article for your local paper, press releases and the importance of getting your words out to the public. I will also let you know what needs to be in every article that you send into an editor. If you would like to join the meeting, please email me so I can get the Zoom links sent out. Don't miss it since this is a great way to get the word out about Women of Today while reaching women about joining the organization.

The next topic is Women of Today Week. I will be doing a challenge and any chapter who has an article published in their local paper about Women of Today will be entered into a drawing. If you need help, let me know since I am here to help you grow your membership. Get this into me right away so we celebrate the successful week!

Thank you for everyone who sent in their Founder's Day information to make this event a success. If you have not sent me the information yet please do by September 10th.

Jen, USWT Public Relations Director

Money Matters



LAURA MORRIS - TREASURER
"Money Matters"
 CONTACT: treasurer@uswomenoftoday.org

You all have some amazing State Treasurers! I have heard from everyone of our state treasurers already! We all know that Treasurer can be a challenging position, so support your local and state treasurers however you can. Those who are seasoned at holding the Treasurer position, make sure you are helping train and check in with your current treasurers. I am always here for any state and local Treasurer who has questions or needs assistance. Please just email me.

IMPORTANT: Money Matters, and so does the IRS! As small Not

REMINDER: 990N is due to IRS by October 15th

-For Profits (less than \$50,000 in revenue for the last year), most of us are required to file the Form 990-N (or e-Postcard) every year by the 15th day of the 5th month after the end of your fiscal year. Most of us have a May 31st Fiscal year end, so that means it is due by October 15th. Here is what the 990-N looks like.

Information copy. Do not send to IRS.

<p>Form 990-N Department of the Treasury Internal Revenue Service</p>	<p>Electronic Notice (e-Postcard) for Tax-Exempt Organizations not Required To File Form 990 or 990-EZ</p>	<p>OMB No. 1545-2085</p> <hr/> <p style="font-size: 2em; font-weight: bold;">2019</p> <p>Open to Public Inspection</p>
<p>A For the 2018 calendar year, or tax year beginning _____, and ending _____.</p>		
<p>B Check if applicable <input type="checkbox"/> Terminated, Out of Business <input type="checkbox"/> Gross receipts are normally \$50,000 or less</p>	<p>C Name of organization: d/b/a: _____</p>	<p>D Employer Identification Number _____</p>
<p>E Website: _____</p>	<p>F Name of Principal Officer: _____</p>	

It is real short and easy to fill out. Here is the link to the form and instructions: <https://www.irs.gov/charities-non-profits/annual-electronic-filing-requirement-for-small-exempt-organizations-form-990-n-e-postcard> . It must be filed electronically now, and you will need to create an online login account, but anyone can do that in your own name, and then you can link to your organization's Federal ID Number (FEIN), which looks like XX-XXXXXXX. Hopefully you have this number recorded on previous 990-N's or an IRS letter in your historical records. This needs to be done for each chapter and state every year. I will be sending out more detail information in my State Information Packet (SIP) which will be emailed out to each State Treasurer in a couple of weeks.

I have recorded a **Zoom training about the 990-N** I did for Iowa Women of Today recently. You can view this training at https://us02web.zoom.us/rec/share/YmeFV9cAWiLmziLWtbaBJtLyvgtiwVgYHILkINPWSBX3zXX5AX-fF_enBrZLCkdH.Po6Hq8CLTBoM_E7I?startTime=1630176259000

2nd Trimester CHALLENGE: 990-N

Send me a copy of your 990-N once you file it. You will get copy that says "Do not mail to IRS" once you have completed the form online. You can print this page as a PDF and save it on your computer or print to a printer. Make sure you keep a copy for your future files, email me a copy and you will be put in a drawing for a \$25 gift card at Year-End Convention.

LEAVE a Message Fundraiser



Please join us in a FUNdraiser for the US Women of Today treasury called "**LEAVE a Message**". We will be selling leaves at Mid-Year Convention for you to write a message to another USWT member. It can be a thank you or words of encouragement, whatever you want. The leaf with the message will be included on our special "Branch Out" tree that will be displayed



at our Mid-Year meetings. Once Mid-Year is over the leaves can go home with whoever they were intended for. If that person is not in attendance, just give us their email address and we will send them a picture of the leaf. The leaves for Mid-Year will be in beautiful Fall colors.

\$2.00 Each Leaf or 6 Leaves for \$10.00

Email Laura Morris,
USWT Treasurer at
treasurer@USWomenofToday.org

Money Matters





TRACEY PIERSON - PROGRAMMING VICE PRESIDENT
"Together WE are Stronger"
 CONTACT: pvp@uswomenoftoday.org

I had an on-line training on 7/29 and will have another one August 31st @ 7:00, please let me know if interested. Please help spread the word and get the Community Connections forms filled out; it is very important to this organization. How many have completed a project? Has it been submitted for the Project Library? If you have any questions please get ahold of me.

Challenge with Covid 19 how many last year didn't get their physical, fasting labs, mammogram or colonoscopy?? I challenge you to get them done and you will be put in a drawing for first trimester challenge. Due to me by September 20th and winner will be drawn at mid-year convention.

Tracey Pierson USWT Programming VP



MICHELLE CRANDALL - EXTENSIONS DIRECTOR
"Birds of a Feather Extend Together"
 CONTACT: extensions@uswomenoftoday.org

I look forward to talking with each state extensions contact about how to extend your chapters and/or state. It's exciting to share WT with others and I have some great ideas and materials I can send you.

As you know, we are just starting 2nd trimester. How's your year going? Are you working on getting a new Intent to Extend? How are things with your two (2) & Under Chapters?

It's not only important to get new chapters and states started, but membership and retention is just as important. Have your new members received training? Having the right tools will help them to become activated and engaged and know what's expected of them.

Consider having a brainstorming session and ask your members why they joined, what are their interests and what is important to them. What would they like to see the chapter or state participate in. Did they join to meet other people and make friends, attend socials, take advantage of the personal/professional opportunities, or to volunteer in the community and help make a difference. Now you can start planning some fun activities and events based on their interests.

Women of Today Week is September 19-25

2nd Trimester Challenges & Deadlines

Each state extensions contact who sends me the name and contact info of a person who would like to extend a new chapter or state will receive a special incentive at Annual Convention. If they charter, they will go into a drawing.

Deadline: December 31, 2021

I look forward to working with all of you and gaining new members, chapters and states. Please don't hesitate to contact me if you have any questions, need training materials, or would like my assistance in any way.



Color a Better World

**DEB MCDONALD - DOMESTIC VIOLENCE
AWARENESS PROGRAM MANAGER**

"Color a Better World"

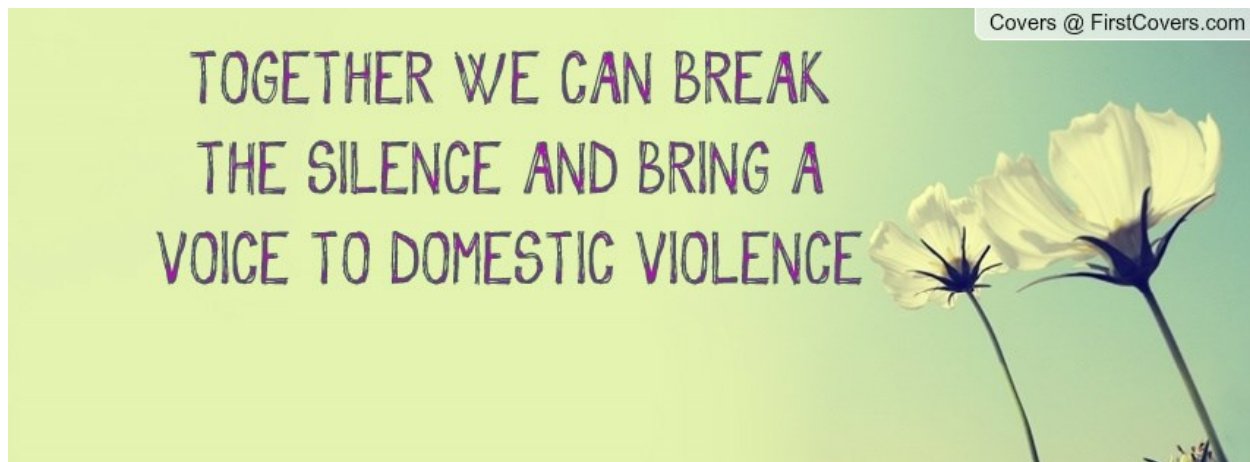
CONTACT: dva@uswomenoftoday.org

Hello to all of our members! This is a special time for Domestic Violence Awareness. We have just finished our emphasis month in August and I can't wait for all the transmittal forms to come in. I'm certain that you are doing projects or holding educational programs for your members. And if you haven't there is still time. Be sure to put DVA on your agenda for your next meeting to make plans for October. Maybe it will be an educational program. You could have everyone bring personal care items to your meeting and deliver them to your local shelter or you could donate good used clothing if it is needed. The possibilities are endless. Have your project chairman call the shelter and see what their greatest need is at this time. I'm sure they could give you quite a list of items that are needed and you can choose whatever works best for your chapter. An incentive...Please contact me by 10/1 and let me know what the Emphasis Months are for DVA. Hint... Look for Purple. You will be entered into a drawing for a basket at Mid-Year.

Transmittal forms: I'm sure you get tired of having to fill out paperwork every time you turn around. Believe me I know, BUT if you have the transmittal saved on your computer you can fill it in and email the fillable forms. My best bet is to do the form as soon as our project is over. The deadline for 1st trimester submissions is September 1, 2021! You can send them any time throughout the year if you miss the deadline and it will still count towards our yearend totals!

As an officer I have the opportunity to read about all of the wonderful things that you do! I also know how hard everyone works in their local and state chapters. And if we can accumulate all of those service hours & dollar amounts from every chapter in Women of Today I'm certain you would be shocked at how generous we all are and the amazing differences that we make in our communities. So please take a few minutes to fill out and transmit those forms. Let's tell everyone about what we did on our projects & with our donations. I'm sure we could set a new record just by reporting what we are already doing! As we work together and encourage one another, we can do great things! I am looking forward to seeing you at Mid-Year Convention.

Just remember we can all "Use our Rainbows to make a Difference."



Bee Your Best Self



**JULIE HUTCHINSON - WELLNESS & PERSONAL DEVELOPMENT
PROGRAM MANAGER**

"Bee Your Best Self"

CONTACT: pvp@uswomenoftoday.org

Have you been working on *being* your best self?

We need to embrace the fact that we are able to keep learning and improving ourselves. The Wellness & Personal Development Certification Requirements encourage us to do just that. Take pride in the fact that when you do complete the requirements, you have worked on making yourself a more accomplished individual. This doesn't happen quickly and I don't expect you all to certify in the 1st trimester, we all learn and complete things in our own time table. My hope is that you challenge yourself to work on the different criteria and finish the year with pride in yourself - I am *becoming* my best self!

Second Trimester provides additional opportunities to check off another item on the list to completing your certification. For example, you could.....

Certify in the Emphasis Month of September for an extra incentive
Enter the Impromptu Speaking Competition at Mid-Year Convention
Participate in the 2nd Trimester Challenge

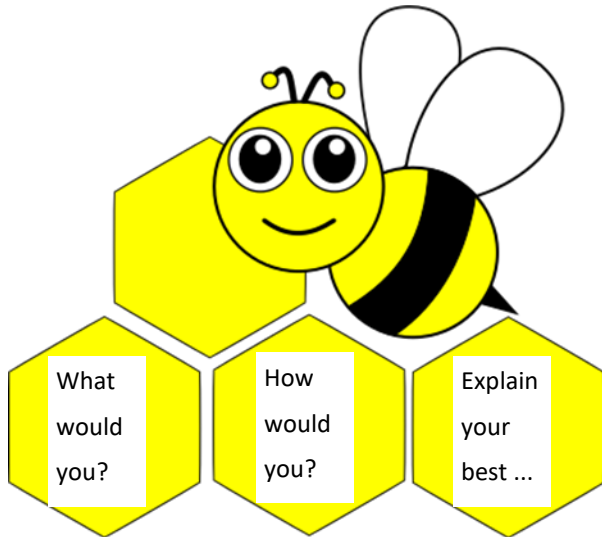
I look forward to hearing how you have grown and are working on *being* your best self this year.

Julie Hutchinson
USWT W&PD PM

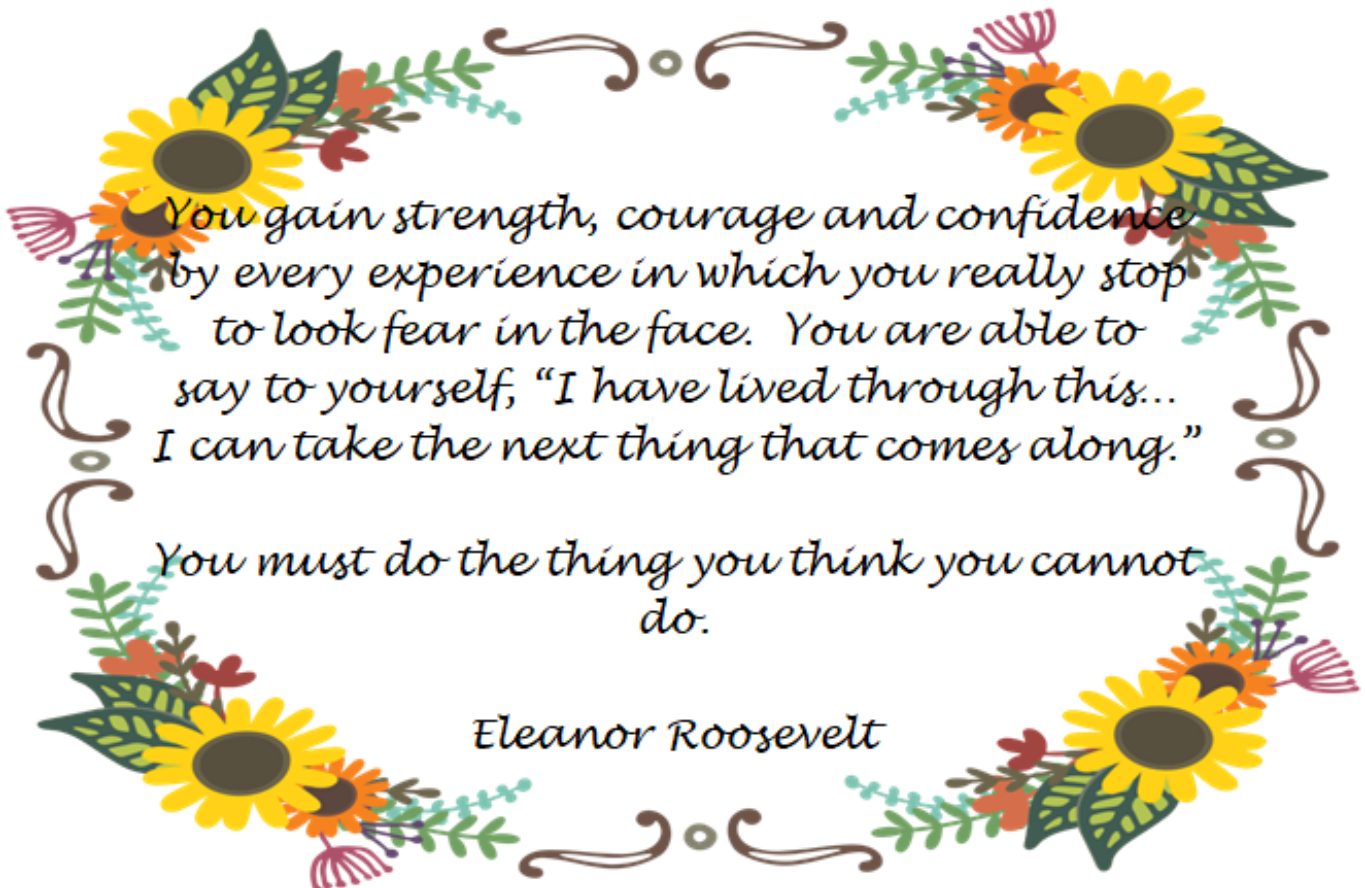


ATTENTION: MID-YEAR CONVENTION ATTENDEES
Wellness & Personal Development Certifying Opportunity

IMPROMPTU SPEAKING COMPETITION



- ◆ Entry Fee \$5
- ◆ Incentives to all entrants
- ◆ Personal Challenge
- ◆ Fulfills one of the W&PD certification requirements
- ◆ Member sharing
- ◆ Supportive audience
- ◆ Winner receives an Un-BEElievable prize



Wellness & Personal Development

2nd Trimester Challenge



USWT 2nd Trimester includes some of the most thankful months of the year. During the months of September, October, November & December – we see our most generous and thankful selves in action. My challenge to the USWT Members is to **BEE Thankful and Share Your Talents.**

Volunteer/Support a shelter, food pantry, nursing home, senior citizens center, your local school or other deserving organization.

Share your talent(s) – this could be your time, friendship & conversation, volunteering or whatever your talent happens to be.

Let me know how you shared your talents and with whom. Email your replies to me at wpd@uswomenoftoday.org by December 31st to qualify for the 2nd Trimester Challenge. In completing my challenge, you will have checked off another item on the list of criteria for your certification in Wellness & Personal Development and earned an incentive that will be presented at our Year-End Convention.

Julie Hutchinson, USWT Wellness & Personal Development PM
BEE YOUR BEST SELF



No Small Act of Kindness



The day was Thankful Thursday, our “designated day” of service. It’s a weekly tradition that my two little girls and I began years ago. Thursday has become our day to go out in the world and make a positive contribution. On this particular Thursday, we had no idea exactly what we were going to do, but we knew that something would present itself.

Driving along a busy Houston road, praying for guidance in our quest to fulfill our weekly Act of Kindness, the noon hour appropriately triggered hunger pangs in my two little ones. They wasted no time in letting me know, chanting, "McDonald's, McDonald's, McDonald's" as we drove along. I relented and began searching earnestly for the nearest McDonald's. Suddenly I realized that almost every intersection I passed through was occupied by a panhandler. And then it hit me! If my two little ones were hungry then all these panhandlers must be hungry, too. Perfect! Our Act of Kindness had presented itself. We were going to buy lunch for the panhandlers.

After finding a McDonald's and ordering two Happy Meals for my girls, I ordered an additional 15 lunches and we set out to deliver them. It was exhilarating. We would pull alongside a panhandler, make a contribution, and tell him or her that we hoped things got better. Then we'd say "Oh, by the way ... here's lunch." And then we would varoom off to the next intersection.

It was the best way to give. There wasn't enough time for us to introduce ourselves or explain what we were going to do, nor was there time for them to say anything back to us. The Act of Kindness was anonymous and empowering for each of us, and we loved what we saw in the rear view mirror: a surprised and delighted person holding up his lunch bag and just looking at us as we drove off. It was wonderful!

We had come to the end of our "route" and there was a small woman standing there, asking for change. We handed her our final contribution and lunch bag, and then immediately made a U-turn to head back in the opposite direction for home. Unfortunately, the light caught us again and we were stopped at the same intersection where this little woman stood. I was embarrassed and didn't know quite how to behave. I didn't want her to feel obligated to say or do anything.

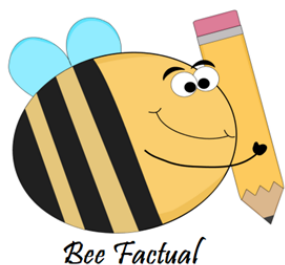
She made her way to our car, so I put the window down just as she started to speak. "No one has ever done anything this for me before," she said with amazement. I replied, "Well, I'm glad that we were the first." Feeling uneasy, and wanting to move the conversation along, I asked, "So, when do you think you'll eat your lunch?"

She just looked at me with her huge, tired brown eyes and said, "oh honey, I'm not going to eat *this* lunch." I was confused, but before I could say anything, she continued. "You see, I have a little girl of my own at home and she just loves McDonald's, but I can never buy it for her because I just don't have the money. But you know what ... tonight *she* is going to have McDonald's!"

I don't know if the kids noticed the tears in my eyes. So many times I had questioned whether our Acts of Kindness were too small or insignificant to really effect change. Ye in that moment, I recognized the trust of Mother Teresa's words: "We cannot do great things – only small things with great love."

(Excerpt from Chicken Soup for the Women's Soul & submitted by Donna Wick)





JO ANN MILLER - SECRETARY
 "BEE Factual"
 CONTACT: secretary@uswomenoftoday.org

Dear State Secretaries and Newsletter Editors:

Wow! Where did the summer and first trimester go? I know I spent most of mine moving into my new home (although the garage and a storage unit are still full)! But it's now a single story instead of three stories, so it was a great decision to move!

The US Women of Today Directory is done!!! All US staff and state presidents will be receiving a printed copy at Mid-Year Convention. If you want a printed copy or CD or even to have it emailed to you, there will be a charge. The order form will be in my fall State Information Packet (SIP) that will be emailed and placed on the website around the first of October. In the meantime, you can order a copy by emailing me at secretary@uswomenoftoday.org and letting me know what you want. Payment will be expected at Mid-Year Convention and printed copies will be delivered at Mid-Year. The cost for a printed copy will be \$10, for a CD will be \$3 and to have it emailed it will cost \$1. Because it is 133 pages, I may need to break it into multiple emails, depending on the email address you use. I need to know what you want by September 19th in order to get them all printed by Mid-Year.

Please let me know if you have any questions or if I can help you in any way. Call or email me. I'd love to hear from you!!

Jo Ann

REMINDER: The correct abbreviation for Women of Today is WT. Please do NOT use WOT!



DAINA MIRSCH-WENNER - WEBMASTER
 CONTACT: webmaster@uswomenoftoday.org

The Web Development Committee approved an online survey for our website: <https://www.emailmeform.com/builder/form/N2fc2tkia93vH37n>

This form will be used to gather information on the USWT website. Responses will be reviewed by the Web Development Committee to decide if changes need to be made to the website for easier use, better design, or additional content. Responses to the online form will be viewed by the USWT President, COB, and Webmaster.

Please help our committee make the USWT website a better tool for you, our member!

Submitted by Nancy Poland, author@nancyrpoland.com

Caring for a Loved One With Dementia?

Do you know someone who has been affected by dementia? Alzheimer's disease, the most common form of dementia, is a degenerative brain disorder affecting over six million Americans. As a volunteer Community Educator for the Alzheimer's Association, I shared the presentation "10 Warning Signs of Alzheimer's" to the U.S. Women of Today in July. This is an important emphasis area for President Cindy Umland, and I was honored she asked me to present.

"Dementia" is a general term referring to a decline in memory, reasoning, or other thinking skills. Alzheimer's is the most common form of dementia, however other types include frontotemporal dementia, vascular dementia, Lewy body dementia, and more. These diseases are not a part of normal aging, they are caused by damage to the brain cells. More can be read about Alzheimer's disease and other forms of dementia at the Alzheimer's Association website, alz.org.

My family has been deeply affected by dementia. My dad was diagnosed with vascular dementia, and before he died, Lewy body dementia. I have chronicled our journey in a book, "Dancing with Lewy – A Father Daughter Dance Before and After Lewy Body Dementia Came to Live With Us". Through my book and website, <https://nancyrpoland.com>, I offer ideas and resources to navigate through caretaking. My hope in sharing my story is to help other caregivers know they are not alone.

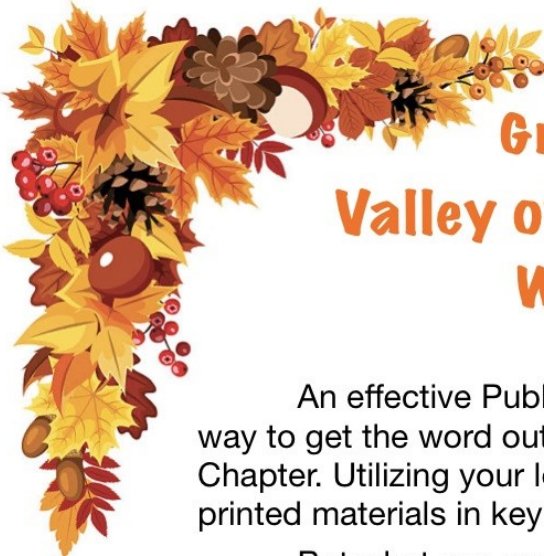
"Dancing With Lewy" can be ordered on Amazon.com or other websites selling books. You can also order it off of my website, along with my brand-new book, "Caring for the Caregiver: The Care of Family and Friends." On <https://nancyrpoland.com> you will also find a sign-up for my free monthly newsletter, "Caring for the Caregiver", a resource page for caregivers, and copies of my blog. In addition I speak to groups virtually, and in person as travel allows, both through the Alzheimer's Association, or in telling my own personal story.

I would also like to add, I do not think I would have had the courage to write books, much less speak in a public forum, without my Women of Today training! Wishing you all the best across this great organization.

"None of us wants to be reminded that dementia is random, relentless, and frighteningly common." ~ Laurie Graham



State of the States



Greetings from the Valley of the Sun/Arizona Women of Today!



An effective Public Relations program is a great way to get the word out about your local Women of Today Chapter. Utilizing your local newspaper, radio station, posting flyers or other printed materials in key areas are excellent tools for this purpose.

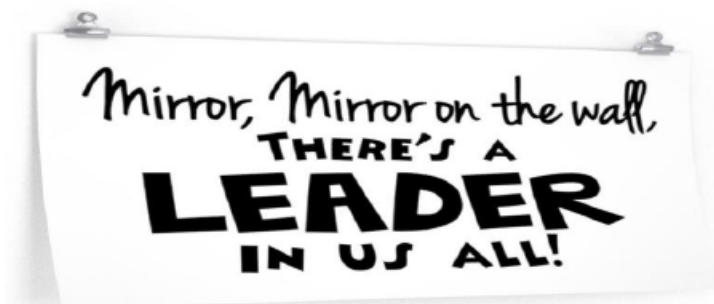
But what can you do if you happen to live in the fifth largest US city with a total population of more than five million? Let's face it....it's not likely that The Arizona Republic will be covering our MS Pie Sale Auction in February. And, being a small chapter with just 15 members (*yes, we're up two this year!*), buying media ads isn't in our budget.

Since we chartered a few years ago, we have been reaching out to the community by, what has been our most effective tool, "word of mouth". This year, recruiting new members is a priority for our chapter and we're going to try a few new public relations methods to help us reach that goal.

I'm going to design new flyers that can be posted on local bulletin boards hoping that it will interest possible new members. We also have an online site in our Sunland Village East community called *Person to Person* and we're going to start posting information about the Valley of the Sun Women of Today in that. In addition, I've begun publishing a monthly newsletter, which can be sent by email, or printed for distribution.

This is just a beginning for us. Maybe we'll add to our outreach and public relations in the future. *And we'll be sure to let you know how these plans help our chapter this year!*

Joey Hedstrom, President
Valley of the Sun/Arizona Women of Today



Laura Bentley
Iowa State President
2021-2022

Iowa is gearing up for their first State meeting August 28th in Nashua, Iowa. We have been working hard towards our annual scholarship awards for all three chapters.

Spencer is gearing up for the annual fair event, Nashua just had their annual Over the Dam days and New Hampton is gearing up for Halloween! All chapters are thriving with excellent Chapter presidents: New Hampton with Michele Thompson, Nashua with Angie Dietz and Spencer with Molly Vander Linden.

It is exciting to see what is next with these chapters as they continue to instill leadership and join each other in friendship!



Beary Special Friends

Hello from Nebraska,

Public Relations is very vital to our organization. Why is this? To get more members to join us you have to be on social media now-a-days. So Nebraska has a Website as well as a Facebook page. Also many of our chapters have Facebook pages and have been successful because they have recruited members from these. Chapters wear their shirts at their community projects and also hand out their chapter brochures that has information of what they do for their communities and also who they support throughout the year. All of our chapters are gearing up for Women of Today Week and I know we will have some PR. Can't wait to see all the happenings Nebraska does in September.

Cindy Urlacher, President



FRIENDSHIP THROUGH PENNSYLVANIA WOMEN OF TODAY 2021 - 2022

Hello fellow Women of Today,

I was honored to be able to attend the USWT convention in Des Moines, Iowa. It was wonderful to see so many friends from all over! And in person! President Angie and her staff did a great job as did the Iowa Women of Today and Michele Thompson hosting the meeting.

The PA Women of Today are still 4 chapters strong. A couple are not meeting on a regular basis due to the pandemic, but all the chapters are still doing great things in their communities. This year's state staff includes Cindy Hilbert, COB, Deb Stein, Membership VP/Treasurer, Vicki Jo Donbaugh, Programming Vice President, Co-Secretaries Jen Gettle and Aubrey Adams, Chaplain Ruth Weirich and handling our Facebook page is Jodi Contreras. We look forward to another successful year.

We held our state meeting on August 21st, hosted by the Womelsdorf Area chapter. It was great to have the PA members at an in person meeting! We celebrated our successes and USWT awards were handed out.

Looking forward to seeing many of you in October in Oklahoma!

Terry Pronko, President

Do you want to make a difference and raise money for the Alzheimer's Association?? The photo below could be yours... Tickets will be available at events Cindy attends, on state visits or Mid-year and Annual Convention. Chances are \$2 each or 3 for \$5... the winning ticket will be drawn at USWT Annual Convention 2022. And one member will get this.





Greetings from Minnesota –

We had a warm summer of fellowship and fun. Many chapters found new members to join them and increase their local reach. A new resource we have this year to help us find these new members is our Marketing Vice President, Shellie. One of her many public relations successes for Women of Today was turning the I-35 bridge blue for Founder's Day. This was a first for MNWT and many chapters joined together at the bridge lighting to join in the celebration. To correspond with founders Day, Shellie set up and interview for myself at a local publication. She has also created customizable high-quality fliers for our chapters to promote locally.

Our most notable changes this year are our internal marketing. Shellie has made it a personal goal to offer opportunities that create fun and memorable experiences for members. We have a contest following the MNWT Presidents travels across the state, photo opportunities at conventions, and so much more. Rumor has it, there may even be a life sized cardboard cut out of the state president for fun photos.

Behind the scenes we are working on a new branding campaign in our marketing committee. Our Web team keeps our online presence up to date. They also support local chapters with website templates and training, along with Facebook support. Our Newslet Editor is keeping busy with four statewide publications. Our PR/Social Media Coordinator has been working on press releases for chapters and creating inspirational blog posts. Minnesota is lucky to have such a talented team of volunteers to support our online presence.

"Passion is one great force that unleashes creativity, because if you're passionate about something, then you're more willing to take risks." – Yo-Yo Ma
Hide original message

In Friendship,
Anna Nichols
2021-2022 MNWT State President

Hello from Massachusetts Women of Today

September is here and the chapters are gearing up for a busy next few months promoting Women of Today. Facebook is the go to option for sharing ideas and getting the word out to area women about who we are. Adding events and sharing with other FB groups has been very helpful for recruiting new members to the chapters. Also adding pictures to the posts puts a face with a name.



Greater Attleboro had a yard sale raising \$500 for a local animal shelter. The shelter posted a picture of GAWT president presenting check and shared on Facebook with GAWT. The impact is friends of the shelter see the post that in turn gives Greater Attleboro more exposure to new members.

Having updated brochures at all events is a great tool also. This past July the Mansfield chapter had a duck pond game at the town Family Fun night- Displays of past projects along with brochures gave volunteers the chance to chat with moms waiting while kids played the game. Pictures were taken and within a few days posted on FB page.

Easton and Mansfield co-hosted a Zoom viewing of a Documentary that was opened to the public. Co hosting projects expands the opportunities to reach more women in the area. It was also posted on both chapter FB pages and shared dozens of times. It was a great success.

With 6 chapters in Massachusetts membership growth keeps our state on average of 120 members. New and seasoned members help to make chapters stronger and that is visible to all who attend meetings for the first time and stay.

Kathy Griffin
MAWT State President

“Welcome the new dawn and help it to be a brighter day”

Oklahoma Women of Today and Rose Rock Chapter are excited to host the 2021 Mid-Year Convention.

Buckets of Sunshine will be Grace Home which is an unwed mothers home in Blanchard, Ok. We have several surprises in store for all of you as well as a few I will tell you about before-hand. We are offering a beef or chicken taco bar for luncheon and steak or chicken for the banquet. Please let us know your preference on the registration form on the bottom where it says special diet. We will provide sandwiches, chips, veggies, and fruit in the hospitality suite for Friday lunch and dinner. There will be water and soft drinks also. We have 3 games for Friday night so be ready to have fun. There is an outside courtyard with the pool and hot tub and in Oklahoma it is still very warm in October so bring swimming suits.

We will be taking some people to Stanly Draper Lake rose rock hunting on Sunday morning. Please wear old clothes because the red soil can stain your clothes so come join the fun. We will be staying at the Hilton Garden Inn in Norman, Oklahoma. The hotel is close to a mall and several restaurants.

We will be picking people up at the airport and dropping them off so if you need transportation please let us know on the registration form.

Looking forward to seeing all of you at Convention.

Oklahoma Women of Today



List for Grace Home

Breast Pads
Breast milk bags
Razors
Bathroom towels set in yellow, blue, purple, or coral
Nail polish
Case of toilet paper
Roll of stamps
Coffee

Expanding folder filers
Binders
Epson printer ink T802- color
Epson printer ink T802-Black
PC laptop for resident's school

Gift cards from Walmart, Target, Amazon, Visa, Restaurants, Dominos, Aldi, Sonic, Lowe's Office Depot

\$25 for transparent expenses
\$50 for initial counseling session
\$60 for new resident clothing
\$100 to redo a room for new resident
\$25 for fresh fruit and veggies
\$25 for obtaining legal paperwork (SS card, driver's license, etc)
\$15 for baby birth certificate
\$75 for one month A/C and heating bill
\$100 for resident education expenses

Every Thing's Coming Up Roses

At 2021 US Women of Today Mid-Year Convention

- R**espectful **R**esilient
- O**riginal **O**ptimist
- S**trength **C**onfidant
- E**xpectational **K**nowledge



Oct 1-Oct 2, 2021

Hilton Garden Inn
700 Copperfield Drive
Norman, Ok 73072
405 579-0100

REGISTRATION FORM

Name _____ Phone _____
 Address _____
 City _____ State _____ Zip _____
 Email _____
 _____ Women of Today _____ Guest _____ First Timers Home Chapter _____
 Arrival: Date: _____ Means of Transportation: _____
 If by Air: Airline _____ Flight# _____ E.T.A. _____
 Sunday Departure Time: _____
 Will you need Transportation to and from Airport _____ Yes _____ No

ROOMS ARE YOUR RESPONSIBILITY !!!! CONVENTION RATE ARE GOOD UNTIL 09/15/2021
 \$89.99+12% taxes= \$100.79/night 405 579-0100 opt "0" (Lori Reservation Specialist 405 679-0708)
 Mention that you are with United States Women of Today meeting when making reservation

Registration		Advance		Late
FULL		_____ \$115.00		_____ \$125.00
INDIVIDUAL EVENTS				
Friday Night Party		_____ \$25.00		_____ \$30.00
Saturday Forums/Meetings		_____ \$25.00		_____ \$30.00
Saturday Luncheon		_____ \$35.00		_____ \$38.00
Saturday Banquet		_____ \$40.00		_____ \$45.00
	Total	_____		_____
SATURDAY ONLY		_____ \$95.00		_____ \$120.00

ADVANCE REGISTRATION DEADLINE-POSTMARKED BY SEPTEMBER 15, 2021

Make check payable to Oklahoma Women of Today Send registration forms and checks to:

Theresa Johnson 4200 Banner Rd Noble. Ok 73068

nursetjrn@yahoo.com

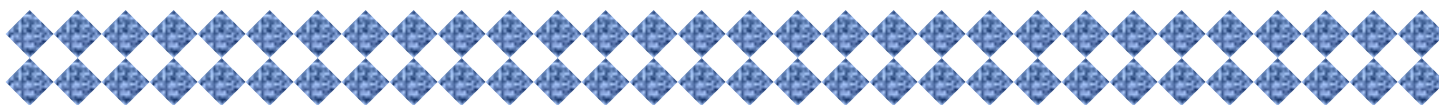
402 297-3457

(Please note on registration any special dietary needs for meals, i.e. gluten free)

Welcome to a new year and opportunities to welcome new Ambassadors. I would like to welcome our newest Ambassador – Samantha Mongold, who was recognized at the USWT Annual Convention!

When I look around the states, I see so many members that are worthy of being recognized as Ambassadors. What qualifies a member to be recognized as an Ambassador? The nominee must have been a member in the Women of Today for a minimum of five years. There is a PDF form on the website that can be used. I would recommend using this over the email me form as you can take your time adding in the necessary information – it can still be emailed to me and there would be no need to send six copies as it can be scanned in and emailed to the review committee. The entry would need to be emailed or mailed to me at least six weeks prior to the presentation. A check for \$60.00 made out to USWT Ambassadors would need to be sent also (note that the form online has an incorrect amount – it is \$60.00). If you need my address, contact me at pumpera-my@gmail.com. Some notes on the form – it can be retyped but the format must remain the same and font would need to be a 10 or 12 point. Two letters of recommendation are also needed – one from the local chapter and one from the state or from two Ambassadors. Once the review committee approves the nomination, a pin and plaque will be sent to the person submitting the nomination at the address listed unless it is requested to go somewhere else. I look forward to receiving lots of nominations and keeping our review committee busy this year!

Amy Pumper, Ambassador President



My Credo of Life

Patricia A. Fleming

Let me live within the moment.
Let me feel all that I can.
Let me cherish life for all it's worth,
With everything I am.

Let me see what's right in front of me,
With vision crystal clear.
And face what's waiting there for me,
With no hesitance or fear.

May I wake each day with gratitude,
For all my life may be.
And always feel that wonderment
At the world surrounding me.

May I welcome any strangers
With an open heart and mind.
And always stand for what is right
With all the strength that I can find.

Let me forgive myself for my mistakes,
While forgiving others theirs.
And never grow indifferent
But always strive to care.

Let me not forget what matters
In the scheme of every day,
To live each precious moment
In a kind and loving way.

For this moment now is everything,
Nothing matters but today.
So I'll willingly embrace it
And not let it slip away.

For it passes all so quickly,
And one chance is all we get.
And a life of wasted moments
Is a life filled with regrets.



IOWA WOMEN OF TODAY MEMBERS/CHAPTERS receive 2021 IA Governor's Volunteer Award recognition.

The IOWA WOMEN OF TODAY, INCLUDING NEW HAMPTON, NASHUA AND SPENCER CHAPTERS received a group Governor's Volunteer Award from Governor Kim Reynolds and Lt. Governor Adam Gregg during a special recognition ceremony held virtually on July 14, 2021. In addition, New Hampton WT member Laura Bentley and her husband Nicholas received Individual Volunteer Awards.

The IOWA WOMEN OF TODAY, including the New Hampton, Nashua and Spencer WT were honored with a Group Governor's Volunteer award for their 36+ years of service. Their nomination read, in part: *The mission of the organization was to provide to state and local chapters the opportunities for leadership training, personal growth and community service. In addition, members, serve as a service-based group, offering events to community members for fun, service and fund-raising purposes. Along with events such as Easter Egg Hunts and Christmas holiday shops, local WT members have also helped raise funds for yearly scholarship for local high school student and local family's in distress. As a state organization members have worked with many other Iowa state philanthropic organizations to educate and raise funds, including: March of Dimes; Cystic Fibrosis; RESOLVE; Multiple Sclerosis, Autism Now, DARE; Easter Seals, Ronald McDonald House, Special Olympics and the past two years Brain Injury Alliance of Iowa. In addition, for the past 15+ years the Iowa WT and the USWT have supported Domestic Violence Awareness, through education of it's members and others, and fund-raising. Much of the funds raised by Iowa WT were donated to local shelters, in Spencer and Waverly IA. In addition to the many years most current members have donated to the Iowa Women of Today, at least eleven members have also given their time and talents at the national level, often while still actively serving at the state level. IAWT members who have served at the national level include: NEW HAMPTON: Michele Thompson (2001/02 USWT Pres), Laura Bentley, and Dorie Halbfass; NASHUA: Jonnie Becker, Angie Dietz (2020/21 USWT Pres) and April Smith; SPENCER: Tracey Pierson and Therese Trojahn.*

Reaching out and lending a helping hand is at the core of who we are as Iowans," said Governor Kim Reynolds. "For 37 years, the Governor's Volunteer Award program has recognized those with a deep commitment to serving their communities in unique and meaningful ways. It's truly an honor to recognize their work and convey the gratitude of our state."

More than 790 awards are being presented this year during a ceremony held virtually on July 14. It is estimated that more than 265 communities in Iowa were served by this year's honorees.

"The Governor's Volunteer Award recipients demonstrate a unique commitment to service for others," said Lt. Governor Adam Gregg. "I hope their commitment inspires even more Iowans to engage in the gift of volunteering."

Coordinated by Volunteer Iowa, the Governor's Volunteer Award program—now in its 37th year—provides an easy way for Iowa nonprofits, charitable organizations, and government entities to honor their volunteers with a prestigious, state-level award.

