

Mixing it up with Programming

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State Information Packet June 2024

Welcome to the USWT 2024 - 2025 year!

I am excited to be serving as this years Programming Vice President. I live in Minnesota and am a member of the Sauk Rapids Chapter. My husband Dennis and I have 4 grown children, Christina, Stephen, Matthew and Nathan. Christina and her husband Scott have 2 beautiful daughters, ages 7 and 10. Stephen and his wife Crystal have 1 daughter, 19 months and a new baby boy born on May 26th. Matthew and his wife Megan have 2 fun loving puppies. Nathan and his girlfriend have 1 rescue puppy.

I have been in Women of Today since 1990. I was quite shy and very much a follower at first. It took over 20 years before I stepped out of my comfort zone. I am so glad that others believed in me and encouraged me to go on. Now I look forward to helping you have a wonderful year in your position. I hope to encourage you and help promote the programming areas. "Let's Mix it up with Programming" this year.

Index

Page 1

- Welcome
- Emphasis Months

Page 2

- FAQ: What is... Project Library?
- Community
 Connection
 Reports
- Recipe

Page 3

- Fast Starts
- OAP Recipe

2024-2025 Emphasis Months

- June
 - o Wellness & Personal Development
 - o Public Relations
 - o STEP
- July
 - Extensions
 - o Membership
- August
 - o Public Relations
 - Domestic Violence Awareness
- September
 - o USWT Foundation (Charities)
 - o Wellness & Personal Development
- October
 - Buckets of Sunshine
 - Extensions
 - o Domestic Violence Awareness
- November
 - o Parliamentarian

- December
 - o Membership
 - Community Connections
- January
 - o Wellness & Personal Development
- February
 - Extensions
 - Domestic Violence Awareness
- March
 - o Membership
 - o USWT Foundation (Chairties)
- April
 - Volunteer Recognition/Public Relations
 - Outstanding Achievement In Programming (OAP)
- May
 - o Website
 - o Parliamentarian
 - Community Connections

FAQ:

What is Project Library?

The USWT Project Library is an opportunity for chapters and states to share project ideas with other chapters and states.

There will be five sections to submit a project too.

- 1. Internal
- 2. Ways and Means
- 3. Community involvement-Fundraising
- 4. Community Involvement-non fundraising
- Chapter Publications

Each project to be listed in the following order:

- 1. Name of Project
- 2. Chapter, State
- 3. Date of Project

My goal is to get 5 new project submissions each trimester. If you submit a project, you will receive an incentive and also be entered into a drawing for a Mixing if Up Basket to be awarded at Annual Convention 2025.



Community Connection Reports-NEEDED!!!

I want to write a check to our USWT President for \$1,000,000.00 for monetary, inkind and service hours donated by May 1, 2025 for the work we do this year.

Please send me your Community Connection Reports each Trimester.

Submit a report and you will go into a drawing for an incentive at Mid-year and Annual, all reports submitted by the due date each trimester will receive a certificate.

Lisa's Popular Special K Bars

1 cup sugar

1 cup light corn syrup

1 cup peanut butter 7 cups Rice Krispies cereal

2 cups chocolate chips 2 cups butterscotch chips

In a pot on stove, combine 1 cup sugar and 1 cup syrup bring to a low boil, stirring constantly. Remove from stove and add I cup peanut butter, mix until melted and add 7 cups of Rice Krispies cereal until all is coated. Pour into a greased 9x13 pan. Let cool. Melt chips together and pour over cooled Rice Krispies. Place in Refrigerator for 30 minutes for topping to harden, Cut and Enjoy

Programming VP's and State Programming Managers FAST START

Complete the following requirements postmarked or emailed to me by August 15, 2024, each individual completing this Fast Start will be recognized at the Mid-year Convention.

- I. Send me or the appropriate USWT Program Manger a letter of introduction and your plan of action.
- II. Begin to implement one of your goals; include a description of what you have done to implement this goal.
- III. Send a copy of at least one of the materials you have prepared for promotion of your area within your state. This may be a mailing, article in state newsletter, information shared to your chapters in your state, outline for a forum you are doing, etc.
- IV. Make an "official" contact with the foundation or organization with whom you will be working. If no foundation, please reach out to your national contact.

The emails to send to are as follows:

Domestic Violence Awareness is <u>dva@uswomenoftoday.org</u>
Wellness & Personal Development is <u>wpd@uswomenoftoday.org</u>
Programming VPs or any other State Program Managers to me at <u>pvp@uswomenoftoday.org</u>

Recipe to Completing your Outstanding Achievement in Programming

- Complete Wellness & Personal Development Certification
- Chair or Co-chair ONE (1) project at your Local or State Level
- Participate in 1 Program involving Domestic Violence Awareness: choose one of the following:
 - o Educational, Fundraising or a Service Project
- Participate in a Program offered in your chapter or state (i.e. Ronald McDonald House, March of Dimes, Food Shelf, Relay for Life, etc.) choose one of the following:
 - o Educational, Fundraising or a Service Project
- Participate in ONE (1) State or National Competition

Let me know when you have completed this recipe by submitting the form on USWT website or in an email, and I will record it and you will be recognized at Annual Convention.

Participate in

Make a Difference Day

This Year Known as

Make a "Colorful" Difference Day

October 26, 2024

What is Make a Difference Day?

Make a Difference Day is a National Day of Community service. Millions of volunteers all over the United States participate in activities that help improve the lives of others in their communities.

If you have ever wondered if your actions can make a difference, the answer is yes. We come together to volunteer, raise funds, offer support, and learn about the most urgent needs of our society.

History of Make a Difference Day

It was created in 1992 by USA WEEKEND magazine in order to rally volunteers and organizations, as well as raise awareness about the significance of volunteer service in our communities.

What: President Jane is asking chapters to hold a volunteer activity

- · You could make it a Halloween event and collect donations
- Volunteer at a local park, nursing home, animal shelter, library, school, serve meals at Ronald McDonald House or shelter
- Sponsor a volunteer event in your community

When: Saturday, October 26, 2024

Who: Your chapter - could collaborate with other groups
Why: When you hold your event, email PVP Lisa Hahn at
pvp@uswomenoftoday.org and let her know what your chapter did
for a colorful surprise given by the State President!

PR: Don't forget to post pictures on FB for good PR in your community! Tag Public Relations Program Manager, Cindy in your pictures with #uswtmakeadifferenceday