

Awareness Bringing Change - the ABC's of DVA



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It has been a wonderful year serving as your DVA program manager. It's hard to believe we are down to the third trimester of our ***"Kindness is the Key to Friendship"*** year.

Throughout the year, I have been sending out emails to our DVA contacts and sharing information on Domestic Violence Awareness in both the Programming Newsletter and on the Programming Facebook page. I have been encouraging our states and chapters to use the resources on the web and to use social media to promote DVA. One of my goals is to promote DVA information not only to our fellow members but also to our family, friends and community members. We want to provide support to our local, state, and national DVA agency either monetarily or via tangible donations.

My third trimester challenge will be for each chapter and/or state to do some type of project to support a local or state DV agency during February which is Teen Dating Violence Awareness Month. Share pictures and submit transmittals. The electronic submission form can be found on our USWT website on the DVA page.



February 11 is Wear Orange for Teen Dating Violence Awareness Day! To show support for survivors and help spread the message, wear orange, hang orange lights, and let others know why orange is so important on this day!

February is Teen Dating Violence Awareness & Prevention Month (TDVAM). For 2025, The National Resource Center on Domestic Violence (NRCDV) is holding the connections between awareness and prevention by exploring the common threads of *respect* – both for those we are in relationship with, and for ourselves. At the NRCDV, we honor *respect for humanity* as a core value and a critical pathway towards achieving peace and wellness for our communities. Respect for humanity means recognizing the intrinsic value and dignity of every individual, and advocating for their rights, freedoms, and well-being.

This year, we celebrate and uplift love is respect's theme for TDVAM, "**Respect That.**" The love is respect Youth Council defines respect as both an action and a mindset; it's about "***treating partners with dignity, listening to their viewpoints, respecting their boundaries, and valuing their autonomy.***" Practicing respect as an action can transform relationships and end dating abuse before it happens.

And as deserving as our partners are of respect, so are each of us. Our experiences matter, including our experiences of trauma. These experiences are part of what makes us human. That's why, in the spirit of respect for our humanity, NRCDV invites all of us to embrace, value, and celebrate our shared stories of survivorship.

Each of us deserves to be seen and valued in our full humanity. Join us this February as we explore what it means to respect each other and ourselves.

Want to learn more? We're excited about the following events and resources for TDVAM 2025:



Events from love is respect: Check out love is respect's calendar of events for TDVAM 2025, including 2 webinars:

- Respecting Difference: A Path to Preventing Teen Dating Violence – January 30, 2025 at 2pm Eastern
- Breaking the Silence: Empowering Youth to Speak Up and Support Each Other – February 20, 2025 at 2pm

Respect Week: Join us for Respect Week, taking place February 10-14. Let us celebrate and encourage healthy relationships together during TDVAM. Unite with teens and young adults as we share creative and empowering messages about dating violence and building strong connections!

Wear Orange Day: Join activists nationwide on Tuesday, February 11, in proudly sharing a photo of yourself in orange to help raise awareness for TDVAM.

To learn more about TDVAM and discover more valuable resources to support healthy relationships, visit the love is respect website.

<https://www.loveisrespect.org/>

<https://www.dvawareness.org/TDVAM2025>



NRCDV strengthens and transforms efforts to end domestic violence. For more than 25 years, the **National Resource Center on Domestic Violence (NRCDV)** has been a comprehensive source of information for those wanting to educate themselves and help others on the many issues related to domestic violence. Through its key initiatives and special projects, NRCDV works to improve community response to domestic violence and, ultimately, prevent its occurrence. Our comprehensive technical assistance, training and resource development are a few examples of the many ways in which NRCDV broadly serves those dedicated to ending domestic violence in relationships and communities.